



The Spirited Woman awards were created to recognize everyday women who are making extraordinary contributions to their community and those around them. Awardees will be honored at a Power Luncheon at Morton's The Steakhouse on Thursday, August 14, 2008. The event's profits will benefit the American Red Cross of Central Maryland.

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Do you know a Spirited Woman? Nominate her!

Spirited Woman on the Rise

This award will honor an up and coming, young woman who is starting to make her powerful mark on the Baltimore community and/or the business world. Nominations should focus on women who are giving of themselves, active in their careers and communities, and having an influence on society already. Nominees should be ages 21-35 and from the greater Baltimore area.

Spirited Woman Balancing Life

This award will honor a working mother who is successfully juggling all that life brings her – family, career, all the while engaging in spirited endeavors such as community service, mentorship and philanthropy. Nominees should be employed full-time and from the greater Baltimore area.

The Spirited Woman of Baltimore 2008

This award will honor an accomplished, spirited woman who acts as an example, leader and mentor in her community and profession and has done so for some time. This woman encompasses a variety of ideals including volunteerism, generosity, sacrifice, preparation, compassion, sensitivity and humility. Nominees should be women in the prime of life and from the greater Baltimore area.

Nomination guidelines:

- All nominations should be no more than 500 words in length.
- Nominations must be submitted no later than Wednesday, July 23, 2008 via fax: 410-585-9903 or email: M@MyCity4Her.com
- Self nominations and nominations from friends, family and colleagues are all welcome.
- Nominations must include:
 - o Nominator name, address, email address, phone and note the relationship to nominee.
 - o Nominee name, address, email address and phone.



SPIRITED WOMAN AWARD NOMINATION FORM

(complete and fax to 410-585-9903 or email to M@mycity4her.com by July 23, 2008)

Nominee's Name: _____

Street Address: _____

City: _____ **State:** _____ **Postal Code:** _____

Nominee's Phone: _____ **Nominee's Email:** _____

Award being nominated for (please choose one)

Spirited Woman Rising Spirited Woman Balancing Life The Spirited Woman of 2008

Nominated by

Nominator's Name & Company if applicable: _____

Street Address: _____

City: _____ **State:** _____ **Postal Code:** _____

Nominator's Phone: _____ **Nominator's Email:** _____

Nominator's relationship to Nominee: _____

In 500 words or less, describe why your nominee deserves this award.

If the space provided is not sufficient – please attach the text to this nomination form. Thank you.